## **CLAIMS**

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1	1.	A grip for attachment to a sport stick having a shaft, one end of the shaft having an
2		opening extending longitudinally into the shaft along a longitudinal axis, the grip
3		comprising:
4		an elongated grip portion having a Little 1 a. a. a.

an elongated grip portion having a hilt sized for being grasped by a hand; and an insertion portion extending from one end of the elongated grip portion, the insertion portion being sized to provide close insertion into the opening at the one end of the shaft, the elongated grip portion extending lengthwise from the one end of the shaft approximately along the longitudinal axis defined by the shaft of the sport stick when the insertion portion is inserted into the opening of the shaft.

- The grip of claim 1, wherein the hilt has a curved longitudinal surface that conforms to a curvature of a palm of the hand.
- The grip of claim 1, wherein the hilt has a diameter that is smaller than a corresponding cross-sectional dimension of the shaft of the sport stick.
- 1 4. The grip of claim 1, wherein the hilt has a diameter that is as large as or larger than a corresponding cross-sectional dimension of the shaft of the sport stick.
- The grip of claim 1, wherein the grip portion includes a guard portion at the one end of the hilt.
- 1 6. The grip of claim 1, wherein the grip portion includes a knob at one end of the grip portion.
- The grip of claim 1, wherein the hilt has an indentation in a surface for receiving one or more fingers when the palm of the hand presses against the longitudinally curved surface.
- 1 8. The grip of claim 1, wherein the insertion portion and the grip portion are each part of an integral piece of material.

The grip of claim 1, wherein the insertion portion and the grip portion are constructed of 1 9. 2 different materials. A grip for attachment to a sport stick having a shaft, the shaft having an opening at one 1 10. end extending longitudinally into the shaft along a longitudinal axis, the grip comprising: 2 3 a hilt having a longitudinal dimension sized for being grasped by a hand; and 4 means for connecting the hilt to the shaft, the connecting means including an 5 insertion portion that is inserted into the opening at the one end of the shaft, the hilt extending lengthwise from the one end of the shaft approximately along the longitudinal 6 7 axis defined by the shaft when the insertion portion is inserted into the opening. 1 11. The grip of claim 10, wherein the hilt has a diameter that is smaller than a corresponding cross-sectional dimension of the shaft of the sport stick. 2 The grip of claim 10, wherein the hilt has a diameter that is as large as or larger than a 1 12. 2 corresponding cross-sectional dimension of the shaft of the sport stick. The grip of claim 10, wherein the hilt has a curved longitudinal surface that conforms to a 1 13. 2 curvature of a palm of the hand. 1 The grip of claim 10, further comprising means, disposed at the one end of the hilt, for 14. 2 guarding the hand grasping the hilt. The grip of claim 10, further comprising means for restricting the hand from sliding off 1 15. 2 the hilt. The grip of claim 15, wherein the restricting means includes a knob at the other end of 1 16. 2 the hilt. The grip of claim 15, wherein the restricting means includes ridges on a surface of the 1 17. 2 hilt. The grip of claim 10, wherein the hilt includes means for receiving one or more fingers 1 18.

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when the hand grasps the hilt.

1	19.	· A	hockey	stick,	comprising:
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a hockey stick shaft having an opening at a first end, the opening extending longitudinally from the first end into the shaft along an longitudinal axis; and

- a grip having an insertion portion and a grip portion, the insertion portion being
- inserted into the opening at the first end of the hockey stick shaft, the grip portion having
- a hilt with a longitudinal dimension sized for being grasped by a hand of a user, the hilt
- 7 extending approximately along the longitudinal axis defined by the shaft and having a
- 8 curved surface along a length of the hilt that conforms to a curvature of a palm of the
- 9 hand.

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- 1 20. The hockey stick of claim 19, wherein the hilt has a curved longitudinal surface that
- 2 conforms to a curvature of a palm of the hand.
- 1 21. The hockey stick of claim 19, wherein the hilt has a diameter that is smaller than a
- 2 corresponding cross-sectional dimension of the shaft of the hockey stick.
- 1 22. The hockey stick of claim 19, wherein the hilt has a diameter that is as large as or larger
- than a corresponding cross-sectional dimension of the shaft of the sport stick.
- 1 23. The hockey stick of claim 19, further comprising a fastener securing the insertion portion
- 2 of the grip to the shaft.
- 1 24. The hockey stick of claim 23, wherein the fastener is an adhesive.
- 1 25. The hockey stick of claim 19, further comprising a hockey stick blade attached to a
- 2 second end of the shaft.
- 1 26. The hockey stick of claim 19, wherein a longitudinal length of the hilt is sized for being
- 2 grasped by a gloved hand.
- 1 27. The hockey stick of claim 19, wherein a longitudinal length of the hilt is sized for being
- 2 grasped by a bare hand.

1 2	28.	The hockey stick of claim 19, wherein the grip portion includes a guard portion at the one end of the hilt.
1 2	29.	The hockey stick of claim 19, wherein the grip portion includes a knob at one end of the hilt.
1 2 3 4 5 6	30.	A grip for attachment to a sport stick having a shaft, one end of the shaft having an opening extending longitudinally into the shaft, the grip comprising:  an elongated grip portion having a hilt having a longitudinal dimension sized for being grasped by a hand of a user along a longitudinal axis; and  an insertion portion adjacent to one end of the elongated grip portion, the insertion portion being sized to provide close insertion into the opening at the one end of the shaft.
1 2	31.	A sport stick, comprising:  a shaft having an opening at a first end, the opening extending longitudinally from
3 4 5 6 7 8		a grip having an insertion portion and a grip portion, the insertion portion being inserted into the opening at the first end of the shaft, the grip portion having a hilt with a longitudinal dimension sized for being grasped by a hand of a user, the hilt having a curved surface along a length of the hilt that conforms to a curvature of a palm of the hand.
1 2 3 4 5	32.	A grip for attachment to a hockey stick having a shaft, one end of the shaft having an opening extending longitudinally into the shaft, the grip comprising:  an elongated grip portion having a hilt with a longitudinal dimension sized for being grasped by a hand of a user and a guard portion located at the one end of the hilt; and
6 7 8 9		an insertion portion extending from one end of the elongated grip portion, the insertion portion being sized to provide close insertion into the opening at the one end of the shaft, the guard portion of the grip portion bordering the one end of the shaft when the insertion portion is inserted into the opening of the shaft.